

# Clean Hands, Healthy Friends

Ages 6–9 • EcoBook.org



## About this book

A short story about handwashing, sharing, and staying healthy at school.

## Topics: Health, Hygiene

Print tip: This PDF is designed for low-ink printing. Try black & white if needed.

## Scene 1

Mila loves school. She loves reading with her friends.

Today, Mila's class shares crayons and books.

*Illustration space (optional)*



## Scene 2

Before snack time, the teacher says: “Let’s wash our hands.”

Mila walks to the tap with her friends.

*Illustration space (optional)*



### Scene 3

They use soap. They scrub: palms, fingers, and thumbs.

They sing a short song while washing.

*Illustration space (optional)*



## Scene 4

After washing, their hands feel clean and fresh.

They eat their snacks and share kindly.

*Illustration space (optional)*



## Scene 5

At home, Mila teaches her little brother the handwashing steps.

“Clean hands help us stay strong,” she says.

*Illustration space (optional)*



# Activity Page

Clean Hands, Healthy Friends

## Try this:

Draw a poster: 5 steps to wash hands. Hang it near a tap.

## Write / Draw:

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